



# Granite Bay Rotary Grapevine

August 14, 2009 26th Year No. 6



**Jeff Johns, Club President**  
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www.granitebayrotary.org

Charter Date: April 1, 1984

Friday @ 12:15 pm, Piatti's in Roseville

## 2009-2010 Officers and Board

- Jeff Johns, President
- Cristie Akers, Past President
- Brenda Glen, President Elect
- Todd Elizalde, Secretary
- Frank Ali, Treasurer
- Brenda Forstall, Rotary Foundation
- Ray Jones, Fundraising
- Allan Frumkin, Club Service
- Allison Rudig, Service Projects
- Nancy Rich, Membership
- Jack May, Club Administration
- Michele Mutoza, Sergeant-At-Arms

## Coming Events & Meetings

- August 21 - Friday, 12:15 pm, Steve Dolan, Africa
- August 28 - Friday, 12:15 pm, Mark Parker, Placer County Library.
- August 29 - Saturday, STRS, 355 Commerce Circle. 8:30 am- 3:30 pm. \$50 per person.
- September 4 - Friday, 12:15 pm, Roger Brunnequell - Amateur Radio.
- September 11 - Friday, 12:15 pm, Virg Anderson, MAC Chairman.
- October 17 - R.I. Foundation Seminar, Radisson Hotel Sacramento
- November 14 - Saturday, 6:00 pm, Foundation Dinner.
- November 20 - Friday, District Governor visit.

## Four Way Test

- FIRST:** Is it the Truth?
- SECOND:** Is it fair to all concerned?
- THIRD:** Will it build goodwill and better friendships?
- FOURTH:** Will it be beneficial to all concerned?



## Rotary Awareness



The motivation for the first Rotary Club was:  
A) Fellowship B) Service C) Business

(Answer next week)

(Answer to last week's)

Which region of the Rotary world has the largest percentage of women members?  
A) Britain and Ireland B) Africa and Europe  
**C) United States and Canada**

## LAST MEETING:

### Thanks:

To Matt P. for taking notes while the Editor was golfing.

### Introductions:

Visiting Rotarians: Dwight Norris, Sacramento, (32 years perfect attendance); Terry Wilson Cameron Park, (34 years perfect attendance); Jay, Carmichael; Phillip Sherwood, Assistant District Governor for our Club.

Guest: Ronni Daly, with RICH S.

### Rivercats Game Sunday:

Tickets were to be held at will call last Sunday.

### GSE:

Allison introduced Caleb, our GSE representative last spring. He will be talking about his trip in September.

### R.Y. Exchange Student Conrad:

John Milburn introduced Conrad who is from Barcelona. He is 15. He can speak 5 languages and he is staying with John. He was originally from Germany. The weather is nicer in Barcelona.



### Roto Run:

BRENDA G. announced that

Roto Run is going to happen Sunday May 16, 2010.



## P B & J Sandwich Instructions:

BRENDA G. and TOM G. did a presentation for Allison on how to make a proper peanut butter and jelly sandwich because her son said she made them too dry.



## Suede Blue Vote:

JIM Y. said it would be good to choose a place that has been in business for at least 2 years. President JEFF said that the vote has been deferred to the Board of Directors for further discussion and they will later present their recommendation.

## Happy Fines and Brags by MICHELE M. and AL S.



JACK M., for having a dinner party and forgetting what time it started;

GERRY G., for his wife in the Senior Olympics, (She won two 4th's, one 5th and 3 silver medals for swimming);

## PROGRAM: Lee Mahla

### Downsizing the Family Home

Lee is helping people transition as they get older with downsizing and relocating. By 2040 we will have more people age 55 and older than under 18.

The four "R's" of helping people relocate:

1. Reassure
2. Remind them that they have control
3. Relate to what they are going through
4. Recognize symptoms

Senior Move Management helps plan and coordinate the move. Their main role is to reduce the stress level.



RI President John Kenny



[www.Rotary.org](http://www.Rotary.org)



District Governor Barry Kalar



Assistant Governor: Philip Sherwood  
[www.Rotary5180.net](http://www.Rotary5180.net)

District Governor Elect: JoAnn Lemon

District Governor Nominee: Jack Taylor

### Local Makeups

Monday-Citrus Heights, 12:15 pm, Cool Hand's Restaurant

Tuesday-Roseville, 12:00 n, Sierra View Country Club

Wednesday-Rocklin-Loomis Basin, 7:00 am, Whitney Oaks Golf Club

Wednesday-South Placer, 12:00 n, Whitney Oaks Golf Club

Thursday-Historic Folsom, 7:00 am, Lake Natomas Inn

Thursday-Folsom, 7:00 pm, Rotary Clubhouse, Lew Howard Park

Friday-Orangevale, 7:00 am, La Placita Restaurant

### Four Avenues of Service

**1 Club Service** focuses on strengthening fellowship and ensuring the effective functioning of the club.

**2 Vocational Service** encourages Rotarians to serve others through their vocations and to practice high ethical standards.

**3 Community Service** covers the projects and activities the club undertakes to improve life in its community.

**4 International Service** encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.

### The Object of Rotary

To encourage and foster the ideal of service as a basis of worthy enterprise and, in particular to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service;

**SECOND:** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying by each Rotarian of his/her occupation as an opportunity to serve society;

**THIRD:** The application of the ideal of service by every Rotarian to his personal, business and community life.

**FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional men and women united in the ideal of service.

## TODAY'S PROGRAM

### ACE Mentoring Program

## GRAPEVINE EMAIL



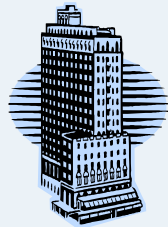
Each week a copy of the Grapevine is emailed to Rotary members. If you have recently changed your email address or simply aren't receiving the newsletter please email us at

[Mackensie@jrblawcorp.com](mailto:Mackensie@jrblawcorp.com) with your name

## August Birthdays

John Milburn	17
Jay Olson	25
Guenter Halwachs	28

## STRS and Super STRS



The STRS class will be held August 29th at the Sacramento Club Offices, 355 Commerce Circle, Sacramento from 8:30 am to 3:30 pm. Super STRS will be held simultaneously at the law offices of Steven Lemmon, 500 Calvados Ave., Sacramento. The \$50 application fee covers all training materials and lunch at the event. The application for both classes is available at the District 5180 website: [www.rotary5180.net](http://www.rotary5180.net)

## Rotary Email Etiquette

Club Administration has reminded us that it is not appropriate to use the Rotary roster or email list for commercial purposes, and emails of Rotary business should not contain commercial solicitations.

## GRANITE BAY ROTARY



"Service above Self"

## RIDDLE OF THE WEEK

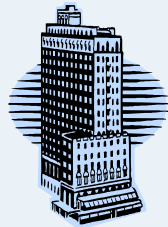
What is grey, has four legs and a trunk?  
(answer next week)

(last week's answer)

What word has the most letters in it?  
Mailbox.



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"You're entitled to one-week paid vacation if you bring your laptop with you and never turn off your cell phone."

## Street Photography by Sheeva Sabati

Our Ambassadorial Scholar

